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# Following the surface response of caffeine cocrystals to controlled humidity storage by atomic force microscopy

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### **ABSTRACT**

Active pharmaceutical ingredient (API) stability in solid state tablet formulation is frequently a function of the relative humidity (RH) environment in which the drug is stored. Caffeine is one such problematic API. Previously reported caffeine cocrystals, however, were found to offer increased resistance to caffeine hydrate formation. Here we report on the use of atomic force microscopy (AFM) to image the surface of two caffeine cocrystal systems to look for differences between the surface and bulk response of the cocrystal to storage in controlled humidity environments. Bulk responses have previously been assessed by powder X-ray diffraction. With AFM, pinning sites were identified at step edges on caffeine/oxalic acid, with these sites leading to non-uniform step movement on going from ambient to 0% RH. At RH  $>$  75%, areas of fresh crystal growth were seen on the cocrystal surface. In the case of caffeine/malonic acid the cocrystals were observed to absorb water anisotropically after storage at 75% RH for 2 days, affecting the surface topography of the cocrystal. These results show that AFM expands on the data gathered by bulk analytical techniques, such as powder X-ray diffraction, by providing localised surface information. This surface information may be important for better predicting API stability in isolation and at a solid state API–excipient interface.

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# **1. Introduction**

Understanding the surface structure and morphology of pharmaceutical materials contributes to an understanding of surface reactivity and so is of critical importance to the pharmaceutical industry [\(Buckton, 1997; Cui, 2007\). S](#page-6-0)urface reactivity will affect drug stability during the process of tablet formulation, where grinding and compaction give rise to many surface–surface interfaces where reactions can occur. Recent efforts have been made to develop techniques and protocols for analysing the surfaces of soft organic materials, as understanding these surfaces may help to shed light on the interactions which occur between crystals and their surrounding environments [\(Roberts, 2005; Tian et al., 2006\). T](#page-7-0)he relative humidity (RH) surrounding a crystal is of particular significance since increasing RH allows for greater molecular mobility, thereby influencing the stability of pharmaceutical materials [\(Ahlneck and](#page-6-0) [Zografi, 1990; Dalton and Hancock, 1997; Airaksinen et al., 2005\).](#page-6-0)

One way of improving the inherent stability of a pharmaceutical material is by exploiting the benefits offered by cocrystal engineering [\(Almarsson and Zaworotko, 2004; Trask, 2007\). C](#page-6-0)ocrystals are multicomponent crystals and cocrystal engineering allows for the design of an appropriate multicomponent crystalline material which can introduce new or improved physical properties to a pharmaceutical drug. Previous work [\(Trask et al., 2005\)](#page-7-0) showed it was possible to engineer a caffeine cocrystal which would circumvent the tendency of caffeine to form caffeine hydrate [\(Pirttimaki and](#page-7-0) [Laine, 1994; Edwards et al., 1997\). D](#page-7-0)espite the significant activity in the field of cocrystal discovery [\(Almarsson and Zaworotko, 2004;](#page-6-0) [Vishweshwar et al., 2006\), h](#page-6-0)owever, little attention has focused on the surface morphology of these complex materials.

Atomic force microscopy (AFM) [\(Binnig et al., 1986\)](#page-6-0) has proved to be a valuable tool in understanding the surface properties of pharmaceutical materials [\(Li et al., 2000; Berard et al., 2002; Price](#page-7-0) [and Young, 2004; Liu et al., 2007; Turner et al., 2007; Jones et al.,](#page-7-0) [2008\).](#page-7-0) As AFM analysis, used under the appropriate conditions, is non-destructive it allows for the collection of topographic data regarding the state of a surface over extended time periods.

In the work presented here, AFM has been used in conjunction with scanning electron microscopy (SEM) and optical microscopy. This range of imaging scale has allowed quantitative topographical observations to be made over the same scan area on a surface for periods up to 7 days. The cocrystals chosen for surface analysis were the caffeine/oxalic acid and caffeine/malonic acid cocrystals which had been previously reported by [Trask et al. \(2005\),](#page-7-0) see Table [1.](#page-1-0) Caffeine/oxalic acid was shown by powder X-ray diffraction (PXRD) to offer increased resistance to caffeine hydrate formation when  $\mathop{\mathrm{compared}}$  to anhydrous caffeine. Anhydrous  $\beta$ -caffeine was shown

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Fig. 1. (a) SEM showing the needle morphology of a freshly prepared caffeine/oxalic acid cocrystal. (b) Morphology of caffeine/oxalic acid cocrystal simulated using a BFDH prediction. The dominant faces are labeled, all of these faces express the same functionality at their surface. The alignment of faces *x* and *y* is also indicated, with the intense line marking the interface between the two faces. (c) An example of the chemical functionality expressed at the (0 1 1) face.

to convert to caffeine hydrate partially after 1 day and completely after 3 days at 98% RH. Caffeine/oxalic acid was shown to remain stable after 7 weeks storage at 98% RH, whereas caffeine/malonic acid showed more limited stability only to 75% RH for a similar period of time and indeed partially converted to caffeine hydrate after only 1 week at 98% RH. The aim of this work was therefore two-fold: firstly, to use AFM to characterise the surface of a cocrystal material; and secondly, to exploit the potential of AFM to highlight any differences between bulk and surface stability.

### **2. Materials and methods**

#### *2.1. Materials*

Cocrystals were grown using methods described in detail elsewhere [\(Trask et al., 2005\). C](#page-7-0)affeine and either oxalic acid or malonic acid (research grade, Sigma–Aldrich) were manually ground in a 2:1 (by molarity) homogeneous mixture. 100 mg divisions were dissolved, with heating, in the minimum volume of the following solvent mixtures: 1:1 chloroform:methanol for caffeine/oxalic acid cocrystals and 15:1 nitromethane:methanol for caffeine/malonic acid cocrystals. Cocrystal precipitation was left to occur under ambient conditions (22 ◦C). Experimental PXRD patterns were com-





pared with simulated patterns to confirm the composition of these materials.

#### *2.2. Humidity control*

Desiccators containing  $P_2O_5$  and saturated NaCl and  $K_2SO_4$  salt solutions were used to maintain 0%, 75% and 98% relative humidity environments, respectively. The RH was monitored using humidity indicator cards (Sigma–Aldrich). To measure the surface response of individual samples, single, needle-shaped crystals (*ca.* 3–4 mm in length) were prepared for AFM imaging, as described below, and stored.

#### *2.3. AFM*

AFM images were recorded using a Multimode AFM (operated by a Nanoscope IIIa controller, interfaced with a Quadrex extender module, Veeco Instruments, Santa Barbara). The stage was equipped with a video microscope to facilitate exact sample positioning, allowing the cantilever to be returned to the same area on a surface. Crystals were only removed from contact with the mother liquor just prior to examination. Individual cocrystals were dried on filter paper before being fixed to glass coverslips using superglue. The coverslips were then attached to stainless steel AFM sample discs using sticky tabs. Samples were imaged in air with either a J (180  $\mu$ m  $\times$  180  $\mu$ m maximum scan size) or E (13  $\mu$ m  $\times$  13  $\mu$ m maximum scan size) scanner under normal conditions of room temperature (22 ◦C), atmospheric pressure and approximately 40% relative humidity. All imaging occurred within 2 h of removing the sample from the desiccator. There was no evidence that this time away from the target RH resulted in changes to surface structure. All images were recorded in contact mode using commercially available sharpened  $Si<sub>3</sub>N<sub>4</sub>$  probes with a nominal spring constant of 0.06 N/m and an average radius of curvature of 10 nm (Veeco). The tip–sample contact force was minimised by optimising the deflection setpoint. Topographical images were collected at a scan rate of 1 Hz. Height,

<span id="page-2-0"></span>

**Fig. 2.** Representative AFM height images of a caffeine/oxalic acid cocrystal stored in a desiccator at 0% RH. The green square drawn on each of the larger scans indicates the area shown in the adjacent 5  $\mu$ m  $\times$  5  $\mu$ m image. The white stars on the larger images indicate the same location on each surface. (a) Day 0, immediately after the crystal was prepared for analysis, (ii) the black arrows indicate unidentified surface material (iii) line section corresponding to the white line shown in (ii). (b) Day 2 (ii) the white arrows indicate pinning sites where surface features (*ca.* 20–60 nm in height) have grown normal to the crystal face. (c) Day 7 (ii) surface features are reduced in height and frequency.

deflection and friction data were collected simultaneously. The scans were analysed using Nanoscope<sup>TM</sup> software version 6.13. Each image was processed using the first order flatten command within the software to remove the effect of tilt on the sample.

### *2.4. SEM*

Scanning electron microscopy was performed using a JEOL JSM5510LV. Samples were mounted on brass SEM stubs with carbon tape and coated with a thin layer of gold (approximately 15 nm) using an Emitech K550 Sputter coater.

# *2.5. PXRD*

PXRD patterns were collected on a Phillips PW3710 diffractometer with nickel-filtered Cu K $\alpha$  radiation. Fixed width divergence and anti-scatter slits of sizes 0.5 and 1 in., respectively, were used. X-ray intensities were measured with a scanning real time multiple strip (RTMS) X'Celerator detector with an active length of 9 mm, covering ca.2.127 $\degree$  2 $\theta$ . Samples were typically analysed between 5 and 60°  $2\theta$  with a step size of 0.008°  $2\theta$  and a total scan time of ca.5 min. Samples were prepared by grinding when necessary and supporting on glass slides. BFDH simulations were performed using Mercury (ver. 2.2, CCDC, Cambridge, UK) and single crystal diffraction data gathered by [Trask et al. \(2005\).](#page-7-0)

#### **3. Results and discussion**

#### *3.1. Caffeine/oxalic acid*

The needle morphology of a caffeine/oxalic acid cocrystal is illustrated by the SEM image in [Fig. 1\(a](#page-1-0)). This habit and the alignment of the unit cell axes were found to be in good agreement with the habit

<span id="page-3-0"></span>

**Fig. 3.** Representative AFM images of a caffeine/oxalic acid cocrystal stored in a desiccator at 75% RH. All images were recorded at the interface between faces *x* and *y* as indicated by the arrow in [Fig. 1\(b](#page-1-0)). (a) Deflection image recorded at day 0, immediately after the sample was prepared for analysis. (b) Deflection image recorded at day 7. (c) Corresponding 3D topography representation of (a). (d) Corresponding 3D topography representation of (b).

predicted by a BFDH simulation [\(Fig. 1\(b](#page-1-0))). The simulation showed the  $(0 1 - 1)$ ,  $(0 1 1)$ ,  $(0 - 1 1)$  and  $(0 - 1 - 1)$  faces to be the dominant crystal faces. We assume these were the faces most likely to be accessible to the AFM tip. The computer simulation indicated these faces to have similar exposed chemical functionality, an example of which is given in [Fig. 1\(c](#page-1-0)). Samples were studied in triplicate and while conclusions are based on these three separate studies, for clarity images shown in a particular figure relate to the same sample.

[Fig. 2](#page-2-0) shows typical AFM images of the surface of a caffeine/oxalic acid cocrystal at different stages of exposure to 0% RH. Large area scans are included to show that the same area of the surface was imaged each day, while smaller 5  $\mu$ m  $\times$  5  $\mu$ m images are included to better illustrate the observed nanoscale changes to surface topography. The surface is shown at day 0, immediately after removal from contact with the mother liquor (a) and after 2 days (b) and 7 days (c) storage, in a desiccator, at 0% RH. Trenches aligned along the needle axis, were observed on the freshly prepared surface at day 0. The trench walls were measured to be between 10 and 12 Å in height [\(Fig. 2\(a](#page-2-0))iii), and as such were presumed likely to result from the presence of single molecular layers. The surface material indicated by black arrows in [Fig. 2\(a](#page-2-0))ii, ranged in height from 30 to 180 nm. Such surface material was found to be a common feature on all caffeine/oxalic acid cocrystal surfaces studied and was considered to be fixed to the surface since it was not removed by drying the samples with filter paper during sample preparation nor was it displaced by repeated movement of the AFM tip during scanning. It is believed to result from the rapid evaporation of trace solvents when the cocrystal is first removed from contact with the mother liqour.

After 2 days storage at 0% RH pinning sites were observed on the cocrystal surface. The pinning sites were identified by the growth of material normal to the crystal surface, localised to the ends of trenches. Examples of such peaks, ranging in height from 20 to 60 nm, are marked with white arrows in [Fig. 2\(b](#page-2-0))ii.

The surface trenches, shown in [Fig. 2\(a](#page-2-0))ii, increased in depth from an average of 10 Å at day 0 to between 30 and 100 Å by day 2. This was accompanied by an increase in the width of the trenches from an average of 140 nm on day 0 to an average of 760 nm by day 2. The localised growth of peaks accompanied by the increase in trench size resulted in an increase in surface roughness from 2 nm at day 0 to 5 nm by day 2. These surface roughness values were recorded on the same 10  $\mu$ m  $\times$  10  $\mu$ m square, within the original larger scale scan area. Surface roughness is defined as:

$$
R_{\rm RMS} = \left[\frac{1}{N} \sum_{n=1}^{N} (y_n)^2\right]^{1/2} \tag{1}
$$

where *N* is the number of data points and  $y_n$  is the deviation in relative vertical height from the average height. Although exposure at 0% RH for 7 days led to a continued increase in trench length and width (average trench width of  $910 \text{ nm}$  by day 7, Fig.  $2(c)i$ ), the surface roughness value fell to *ca.* 2 nm after prolonged storage. This reduction is attributed to a decrease in the number of features growing normal to the crystal surface, evidenced by the day 7 image in [Fig. 2\(c](#page-2-0))ii.

The AFM images indicate that the surface of a caffeine/oxalic acid cocrystal changes noticeably in response to storage at 0% RH. The surface "reconstructions" are, we believe, attributable to the removal of surface water layers and any residual solvents and the subsequent incorporation of previously dissolved material into the crystal surface. It is possible that on the surface of a cocrystal (where, by definition, at least two molecular species are present) the adsorption of an incorrect species may produce a pinning point. An incorrect species could be an impurity or one of the cocrystal components aligned out of sequence. Pinning sites are regularly observed when impurities are added as growth modifiers to organic crystals [\(Keel et al., 2004; Thompson et al., 2004\). I](#page-7-0)f steps were prevented from propagating parallel to the crystal face then instead movement could be directed normal to the face, resulting in the observed growth. This effect is likely to be pronounced by storage at 0% RH where the removal of previously adsorbed water and residual solvent causes surface reconstruction in an environment where

Day 0

Day 1

there is reduced molecular mobility, making it more difficult for a dynamic step to overcome a pinning point. It was demonstrated that there is a variation with time in both surface roughness (and consequently surface area) and in exposed crystallographic faces (by the growth of peaks and deepening of trenches) in response to storage at 0% RH. These changes could prove significant in terms of the energy landscape which the surface presents at a pharmaceutically relevant solid state interface.

[Fig. 3](#page-3-0) shows typical AFM topography and deflection images which illustrate the response of a caffeine/oxalic acid cocrystal to storage at 75% RH. It was fortunate that this particular sample allowed for images to be recorded at the interface of two distinct crystal faces, identified as *x* and *y* in [Fig. 1\(b](#page-1-0)). As expected, face *x*, to the right hand side of [Fig. 3\(a](#page-3-0)) and (c) is similar to that shown in [Fig. 2,](#page-2-0) having a surface roughness of approximately 4 nm and trenches on the scale of a molecular layer. These trenches are not visible in [Fig. 3](#page-3-0) due to a change in the height scale used. Face *y*, however, is uneven with a much larger surface roughness of 107 nm. After 7 days storage at 75% RH face *x* showed clear signs of step rearrangement. Molecular layer steps were replaced by multimolecular layer steps, measuring up to 19 nm in height. Surface material (similar to that identified in [Fig. 2\(a](#page-2-0)), but not shown here) was observed to rearrange and gave regular, triangular- and rectangular-shaped features indicative of surface recrystallization. This effect, however, was much more pronounced at 98% RH as shown later in Fig. 4.

The features which contributed to the high surface roughness values for face *y*, in [Fig. 3\(a](#page-3-0)) and (c) were predominantly aligned parallel to the needle axis of the crystal. Also present were features which appeared at *ca.* 25◦ to the needle axis, marked with arrows in [Fig. 3\(a](#page-3-0)) and (c). It was these features which were most affected by storage at 75% RH as evidenced by [Fig. 3\(b](#page-3-0)) and (d), where they have again been marked with arrows. These features appear to traverse the entire crystal face and encroach onto the adjacent face. The orientation of this molecular rearrangement in one specific direction is notable. Moreover, the contrast in magnitude between the degrees of molecular movement obtained on two adjacent faces is marked.

The 75% RH environment evidently facilitated a large degree of molecular mobility. Unlike at 0% RH where the evolution of pinning sites highlighted the restrictions on molecular mobility, the 75% RH environment promoted significant surface reconstruction.

Fig. 4 shows representative AFM topographic images of a dominant caffeine/oxalic acid cocrystal face and its response to storage at 98% RH. Further evidence of the surface material mentioned previously can be seen. The background entrenched surface is masked by the overall height scale of the images, but the trench height measured *ca.* 10 Å. There was a reduction in surface material over time which was accompanied by a corresponding linear decrease in the surface roughness of the sample, with surface roughness, measured over a  $10 \mu m \times 10 \mu m$  square, dropping from 61 nm at day 0 to 12 nm by day 7. This loss of surface material is attributed to an annealing-like process facilitated by the high RH. Although this level of reconstruction was not detected by PXRD analysis, subsequent dynamic vapour sorption (DVS) measurements (using a DVS-1 from Surface Measurement Systems with a  $0.05 \mu$  g resolution mass balance, sample mass 18 mg) indicated a 0.1% hysteresis in sample mass between the sorption and desorption isotherms. This small mass loss concurred with the conclusion that surface recrystallization had occurred. Although this does suggest that surface material was of a less stable phase than the bulk crystalline material, it does not allow for unambiguous characterisation of this material.

### *3.2. Caffeine/malonic acid*

[Fig. 5\(a](#page-5-0)) shows the needle morphology of a caffeine/malonic acid cocrystal. This habit was found to be in agreement with a



**Fig. 4.** Representative AFM images of a caffeine/oxalic acid cocrystal stored in a desiccator at 98% RH. All images were recorded as near to the same scan site as possible. The black arrow marks the same point of reference on each image. The surface material present in the day 0 image is seen to anneal into the surface by day 6.

20

 $25 \mu m$ 

 $15$ 

 $10$ 

5

BFDH computer simulated morphology [\(Fig. 5\(](#page-5-0)b)). The labeled faces present similar exposed chemical functionality, an example of which is shown in [Fig. 5\(c](#page-5-0)), and were assumed to be the faces accessible to the AFM tip.

[Fig. 6\(a](#page-5-0)) shows a representative AFM topographic image of a caffeine/malonic acid cocrystal surface. The white box highlights an area which was damaged by the AFM tip while scanning the surface, despite minimisation of the applied force. This was taken as preliminary evidence that caffeine/malonic acid presented a softer surface for imaging than caffeine/oxalic acid, as such tip induced surface damage was not observed in the case of the latter. Like caffeine/oxalic acid, the caffeine/malonic acid surface showed evidence of pinning sites. However, here the pinning sites occurred at the front of molecular height steps (measured at *ca.* 5–7 Å in height) as they propagated along the needle axis, indicated by black arrows in [Fig. 6](#page-5-0) (a). This gave these steps a serrated edge in con-

<span id="page-5-0"></span>

**Fig. 5.** (a) SEM showing the needle morphology of a caffeine/malonic acid cocrystal. (b) Morphology of caffeine/malonic acid cocrystal simulated using a BFDH prediction. (c) An example of the chemical functionality expressed at the (2 2 0) face.

trast to the entrenched surface observed on caffeine/oxalic acid. Fig. 6(b) shows the same crystallographic face after 2 days storage at 75% RH. The 'fibres' observed were aligned along the *c*-axis of the unit cell (also the crystal needle axis). These fibres ranged in width from 0.3 to 0.6 μm. Multimolecular layer steps (*ca.* 2–4 nm in height) were observed along the length of these fibres suggesting that crystallinity was preserved. Little change was observed in the morphology of these fibres with increased storage time. The SEM image in [Fig. 7\(a](#page-6-0)) recorded after 7 days storage at 75% RH shows that the evolution of these fibres was not confined to the surface

of the caffeine/malonic acid cocrystals. A comparison of the SEM images in Figs. 5(a) and [7\(a](#page-6-0)) indicates that although the cocrystal has retained its overall needle habit, the fibres which evolved at 75% RH dominate the complete crystal morphology.

The changes reported to the morphology of the caffeine/malonic acid cocrystals are in contrast with the PXRD measurements. PXRD analysis undertaken by [Trask et al. \(2005\),](#page-7-0) indicated that these cocrystals were unchanged after 7 weeks storage at 75% RH. Here, although the chemical stability of the cocrystal structure was not compromised, the physical stability of the cocrystal structure was



**Fig. 6.** Representative AFM images of a caffeine/malonic acid cocrystal stored in a desiccator at 75% RH. (a) Height image recorded at day 0, immediately after the sample was prepared for analysis. The white square marks out tip damage. The black arrows indicate serrated step edges, indicative of pinning sites. (b) Height image recorded at day 2 demonstrating the fibrous nature of the cocrystal, exposed after storage at high humidities.

<span id="page-6-0"></span>

**Fig. 7.** (a) An SEM image of a caffeine/malonic cocrystal stored in a desiccator at 75% RH for 7 days. (b) The crystal packing diagram for caffeine/malonic acid showing stacks of trimeric units stacked along the *c*-axis.



**Fig. 8.** SEM image of a caffeine/malonic cocrystal stored for 7 days at 98% RH. The proposed evolution of caffeine hydrate made AFM imaging impossible.

clearly affected by the 75% RH environment. The crystal packing diagram, Fig. 7(b), shows that molecules are arranged in stacks of trimeric units along the needle axis of the cocrystal. It is possible that the high RH environment allowed for an uptake of water between these stacks via a capillary absorption mechanism. DVS measurements showed a 0.2% mass increase at 75% RH (25 mg sample mass). AFM and SEM results showed that this water uptake led to the development of anisotropic fibres, correlating with the anisotropic way in which trimeric units stack in the packing diagram. The resulting exposure of the underlying fibrillar nature of the caffeine/malonic acid cocrystal could act as a precursor to the formation of caffeine hydrate at higher RH environments. Water has previously been reported to be most mobile along the needle axis in caffeine hydrate (Byrn and Lin, 1976; Griesser and Burger, 1995).

The SEM in Fig. 8 shows a caffeine/malonic acid cocrystal stored at 98% RH for 7 days. DVS measurements showed a 0.5% mass increase at 90% RH after 20 h. The complete rearrangement of the caffeine/malonic acid morphology, presumably caused by the formation of caffeine hydrate previously reported [\(Trask et al., 2005\),](#page-7-0) combined with the formation of a water layer on the surface of the cocrystals at 98% RH inhibited AFM imaging which might have allowed us to follow this process.

#### **4. Conclusions**

The study reported here has shown that AFM, combined with other microscopy techniques, can add potentially useful data concerning the stability of caffeine/carboxylic acid cocrystal materials to that gained by bulk analysis techniques such as PXRD. The results give an initial impression of the behaviour of organic cocrystal material in response to controlled RH storage. The prevalence of

pinning sites on both materials, particularly after the removal of surface water layers upon storage at 0% RH, may potentially be characteristic of cocrystals in general. Due to their multicomponent construction, the presence of more than one molecular species available to be adsorbed at growth sites is, by definition, possible. As such, cocrystals may exhibit an extended number of active sites (or a reduced tendency to form flat extended terraces).

A high degree of molecular mobility was observed on the surface of caffeine/oxalic acid cocrystals when samples were stored in high  $(≥ 75%)$  RH environments. DVS and AFM data suggested that this mobility may have led to recrystallization phenomena on the crystal surfaces.

A link between the anisotropic packing of caffeine/malonic acid and its tendency to anisotropically absorb water prior to caffeine hydrate formation was demonstrated. The use of microscopic techniques allowed for observation of this tendency before it could be detected by PXRD. Present work aimed at assessing the chemical nature of surface changes, exploiting both spectroscopic and microscopic techniques, is underway.

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